



## Your guide to program rates at Hazelden in New York City

At Hazelden, patients and families are able to turn down the noise of the outside world and focus on making physical, emotional, spiritual, and behavioral changes that build lifelong recovery from addiction. Our surroundings and schedules are designed with your convenience, safety, and serenity in mind.

Every treatment plan is individualized so the cost of care will vary by client. A financial case manager is available to answer your questions regarding costs and insurance coverage. Hazelden is an in-network insurance provider for many major insurance carriers. Some financial assistance may be available to those who qualify.

### **Intensive Outpatient Program**

Rate covers individualized, integrated clinical care including counseling, group therapy, and educational and therapeutic programming. Our program, offered both in the day and in the evening, meets four times a week for eight weeks (32 sessions) and provides 12 hours of structured programming per week. Hazelden's goal for each patient is lifelong recovery. As a result, the length of the patient's treatment program is determined by the interdisciplinary care team as treatment progresses. One family member is invited to participate with the patient in a weekly education group.

**Session rate** \$309

### **Family Education Lectures**

Families feel the pain of addiction, too. Offered free of charge to family members and friends of Hazelden patients, this 12-week rotating series of lectures helps to alleviate confusion and anxiety and promote healing by identifying how addiction affects families and what family members can do to take care of themselves. Lectures are offered Monday from 6:00 to 6:45 p.m.

### **Additional Family Services**

<b>Individual session</b>	\$140
<b>Couples</b>	\$166
<b>Group</b>	\$106

## Mental Health Services

Services for patients and their family members are integrated into the treatment process and are charged on a fee-for-service basis. Services, such as mental health assessments, individual or group therapy, vary in cost by type and length of service.

### Assessments

<b>Chemical use assessments</b>	\$111
<b>Mental health assessments</b>	\$333
<b>Youth assessments (including UA)</b>	\$413

## Recovery Management

### Continuing Care Groups

Continuing care groups are facilitated by a Hazelden clinician and are offered four evenings per week, with frequency of participation based on individual needs. Individualized continuing care sessions are also available.

<b>Group session rate</b>	\$115
<b>Individual session rate</b>	\$77/30 min., \$139/60 min.

### MORE<sup>®</sup>

MORE is an 18-months of web- and phone-based personalized continuing care program. Program includes

- Guidance from your recovery coach—a licensed addiction counselor—electronically or by phone
- Encouragement to set and reach personal commitments each week
- Spiritual insights and inspiration through an online Serenity Room
- Essential relapse-prevention content and interactive tools in seven in-depth online modules

<b>Program fee</b>	Free to Hazelden clients
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### Hazelden Connection

Rate covers 18 months of recovery coaching and support for participant and up to two family members or concerned persons. The program also includes accountability verification reports and random drug testing.

**Program rate:** \$9,000 (\$1,000 discount if paid in full up front)

Can be paid in six-month increments:

1st six months	\$4,500
2nd six months	\$3,000
3rd six months	\$1,500

Rates shown here are effective 01/01/12. Rates are subject to change.

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