

informs readers of news,
events and people that enhance recovery.

Discover real-time, online fellowship and support

For 500-plus Hazelden alumni, recovery fellowship has gone digital.

Hazelden's new online Alumni Network, introduced through a pilot project in January, offers interested alumni a Facebook-type experience focused on recovery support and staying connected with each other and Hazelden.

"Even with our intentionally limited rollout of the project over the past several months, we've seen an incredibly enthusiastic response," says Elizabeth Harty, the Hazelden marketing director

who is responsible for researching and launching the Alumni Network. In order to manage the site effectively, invitations to join the Alumni Network have been sent incrementally to specific groups of alumni, Harty explained. By the end of this summer, all alumni with active email addresses on record will have received an invitation to join.

The first group invitation was sent in January to 600-plus alumni of the Silkworth Unit of Hazelden's Center City campus. Within 24 hours, more than 70 members were authenticated and registered to use the site. The membership numbers have continued to grow.



Hazelden's Alumni Network site allows members to post messages about their recovery and respond to postings by others.

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FELLOWSHIP AT YOUR FINGERTIPS

One of the basic tenets of Twelve Step recovery is that it isn't meant to be a solo venture. Wisdom and healing are continually revealed and realized through the stories and experiences of others—at meetings, through sponsorship, and in literature. Hazelden's Alumni Network provides one more way for that sharing and learning to happen.

Through the site, Alumni Network members are able to post messages about their recovery experiences and respond to postings by others. Members may also participate in discussion forums, write their own blogs, design their own profile pages, and upload photos and video or music clips. Recent discussion forum topics include "Spirituality and the Twelve Steps," "How to Keep It Simple," "Gratitude," and "Dancing the Twelve Step Boogie."

> Network — CONTINUED ON PAGE 2



Christopher Kennedy Lawford

Be part of Hazelden's 60th on October 2

Celebrate six decades of wisdom, freedom, and hope—and all the gifts that recovery from addiction brings. Hazelden will mark its 60th anniversary on Friday, Oct. 2, 2009, with a special celebration at The Depot in Minneapolis, and alumni are especially welcome to be part of the festivities.

The event begins with an afternoon symposium, *Addiction Treatment in the 21st Century*, featuring a panel of Hazelden clinicians and leaders.

A casual dinner will follow, with Christopher Kennedy Lawford as the evening's featured speaker.

Lawford, sober for more than 19 years, will share his experience, strength, and hope with Hazelden friends. He is the first child of Peter and Patricia Kennedy Lawford and has worked extensively in politics, government, and business, as well as Hollywood. Before his successes, he battled a drug and alcohol addiction for much of his young life. Lawford is

>60th celebration — CONTINUED ON PAGE 6

WE GROW BY OUR WILLINGNESS



Dear Friends,

The other day, a friend described “willingness” as being open to experiencing life as the spiritual adventure it is meant to be. It struck a chord with me. No wonder “willingness” is so difficult to put into practice. Experiencing life as the spiritual adventure it is meant to be requires us to open ourselves to ideas and people and situations that push us beyond our fears.

And isn't “willingness” at the heart of service in recovery? The willingness to reach out beyond ourselves and beyond our comfort level?

One of the most powerful ways many Hazelden alumni choose to serve our fellows is as a local community Alumni Contact for patients leaving treatment. We continue to hear wonderful comments from alumni about this service opportunity, and our colleagues in treatment services at Hazelden strongly recommend that patients take advantage of this important resource.

A recent change will make it even easier for you to be part of the Alumni Contact program. Beginning this summer, our Alumni Contact release form will no longer expire annually. So, when you receive your new release form, simply complete it and return it and we will include your name on our Alumni Contact list until you notify us otherwise. Of course, you always have the option of declining Alumni Contact requests when contacted by a Hazelden staff person.

On behalf of all of us at Alumni Relations, it's our pleasure to help you stay connected with the place your recovery began, and to keep you connected with powerful new opportunities for service, education, and fellowship. Thanks for being willing!

Lisa Reynolds
Director of Alumni Relations

Connect with real-time, online fellowship and support

< CONNECT — CONTINUED FROM PAGE 1

“The Network is a place where alumni can go to connect with others they know from their treatment experience,” says Nathan Wardwell, Alumni Relations liaison for Hazelden and administrator of the Alumni Network. “It's a way to forge new relationships with alumni who live in the same geographic area,” Wardwell adds.

Hazelden's Alumni Network brings together individuals from across the country and around the world, creating an online recovery community that includes members from as far away as Tel Aviv, Istanbul, and Japan.



Says Nathan Wardwell: “This forum will be relevant and meaningful to the degree that the members introduce topics and direct discussions.”

The site provides members with immediate access to information about alumni events and workshops in their area.

As the site administrator, Wardwell responds to queries and assists with navigation issues, and he encourages peer-lead discussions.

“This forum will be relevant and meaningful to the degree that the members introduce topics and direct discussions. The Alumni Network is a forum for members to share their experiences with one another. Hazelden's role is to provide a safe place for that sharing to occur,” explains Wardwell.

CONNECTING AT YOUR COMFORT LEVEL

Hazelden's Alumni Network is a private social networking site, which means that membership is available only to verified alumni. Alumni interested in joining the Network will complete a “profile” questionnaire, and their status is verified by staff. Members consent to a detailed agreement that stipulates terms of use.

Content on the site is completely self-disclosed, adds Wardwell. “It is up to members to determine how much they want to reveal or disclose about themselves and their recovery journey.”

Wardwell frequently hears from members who've found fellowship and wisdom through the Alumni Network. Recent comments received by Wardwell include:

- “I've already connected with a few friends who've really helped me.”
- “I think this will become a great sobriety tool for me.”
- “I'm hoping to make contact with some folks I met at Hazelden in 1997.”

He notes that future plans for the Alumni Network include providing podcasts and hosting live chats with Hazelden authors and favorite speakers.

“Throughout a lifetime of recovery, the Hazelden community is a tremendous source of information and support for people—whether it's through alumni activities, retreats and workshops, or Hazelden publications,” says Wardwell. “The Alumni Network is simply the newest extension of Hazelden's helping hand.”

Interested alumni who have not yet been contacted by Hazelden about joining the Alumni Network can learn more by emailing Wardwell at nwardwell@hazelden.org.

Get alumni news via email

To receive information about alumni activities via email, please send your email address to us at mailinglist@hazelden.org. Be sure to include your full name, mailing address, and email address so we can locate you in our database and add you to our email list. Some communications will go out via email only.



McKinleys, Second Sunday volunteers honored at Alive & Free

More than 300 alumni and friends gathered for a weekend of fellowship, spiritual renewal, speakers, great food, and fun at the 30th annual Alive & Free celebration of recovery, held May 1 to 3 on Hazelden's Center City campus.

An "attitude of gratitude" took center stage Friday evening when the CARE and Ree Lasker awards were presented, and John MacDougall, director of Spiritual Guidance, provided the keynote talk, "Finding Joy in Life," at a jam-packed Bigelow Auditorium.



Dick and Cheryl McKinley

Dick and Cheryl McKinley received Hazelden's CARE Award, which stands for Consistent Activity in Recovery and Education (CARE). Their commitment to helping those who are addicted was summed up by Dick McKinley who said it takes an "attitude of gratitude." The McKinleys join an esteemed group

of past CARE winners that includes Pat Butler, Ed Juergens, Dan Anderson, Joan Kroc, Charles Dubois, Lawrence Barnett, Ed Yahle, Ree and Betty Lasker, Gordy Grimm, George Weller, Bill Pittman, Jon D. Olson, Karen Casey Elliott, Gay Parker, Damian McElrath, Carl Anderson, Wally Arntzen, Louis Hill, Warren Adam, Basil Braveheart, Dan Cain, and Jane Nakken.

For the first time, a group of individuals received the Ree Lasker Award, which recognizes volunteers who assist the Alumni Relations department. The 2009 award, presented by Lisa Reynolds, director of Alumni Relations, honors the extraordinarily dedicated group of volunteers who make

Hazelden's Second Sunday events so popular and successful. Second Sunday volunteer coordinators Nancy Koonce and Mark Loven were recognized along with volunteers:

Jim B.	Anne M.
Bonnie B.	Denise M.
David B.	Barbara R.
Chantelle B.	Jim R.
Timothy C.	Mike R.
Lonny C.	Sandy R.
Ben F.	Jim S.
Ed F.	Faye S.
John P. K.	Tom S.
Anne L.	

This year's 2009 Alive & Free celebration coincided with the 60th anniversary of Hazelden's first patient admission, Larry B., on May 1, 1949. Mark Mishek, president and CEO, gave Alive & Free guests a special glimpse into Hazelden's history by reading the original patient rules effective May 1, 1949—which still hold true today: 1) make your bed, 2) be respectful of others, 3) attend the lectures on the Twelve Steps, and 4) talk to one another.

Saturday's activities centered on Wally P.'s "Back to Basics" workshop. On Saturday evening, singer/songwriter/pianist Bill Greenwood entertained guests and patients, receiving a standing ovation for his inspired blend of blues, rock, and alternative stylings.

Bannen concert tour raises awareness and hope

For many, the road to recovery from addiction begins with 90 meetings in 90 days. For Nashville recording artist Kelleigh Bannen, the road began on January 2, 2009, with the mission of playing "90 Gigs in 90 Days" to raise awareness of addiction treatment and recovery.



After losing her brother to addiction last year, Bannen dedicated herself to raising awareness and support for addiction research through her music. When Bannen's "90 Gigs in 90 Days" tour played at Wesley United Methodist Church in Minneapolis on March 28—delivering the 86th performance of her goodwill tour—more than 500 Hazelden alumni, friends, and staff attended and nearly \$3,500 was raised to benefit the Butler Center for Research at Hazelden at this event.

"Having a loved one fall under the grip of addiction is one of the most powerless, frightening feelings in the world," says Bannen. "This is something positive in the wake of tragedy, and I hope it makes a difference in people's lives."

Hazelden's Butler Center for Research is dedicated to improving recovery from addiction by conducting clinical and institutional research, collaborating with other research centers, and communicating scientific findings.

Seppala returns to Hazelden as Chief Medical Officer

Marvin D. Seppala, M.D., a nationally renowned addiction medicine specialist, has been named the new chief medical officer (CMO) of Hazelden. Dr. Seppala assumed the responsibilities of CMO on May 1, 2009.



"We're thrilled to welcome Dr. Seppala back to Hazelden," said Mark Mishek, Hazelden's president and CEO. "He has a long history with Hazelden and brings a wealth of care, knowledge, and innovative strategies to addiction treatment. Those of you who are familiar with Marv know that he truly lives and breathes Hazelden's mission."

Dr. Seppala will oversee interdisciplinary clinical practices at Hazelden, maintaining and improving standards for evidence-based practices and supporting growth strategies for Hazelden's residential and nonresidential addiction treatment programs and services throughout the country. He is particularly well regarded for his groundbreaking work introducing pharmacological interventions into clinical settings and integrating evidence-based practices for use in addiction treatment.

Dr. Seppala had previously served at Hazelden as chief medical director from 2002 to 2007. For the past two years, he has maintained a private addiction medicine practice in Portland, Oregon and served as medical director and chief operating officer at Beyond Addictions of Beaverton, Oregon, an outpatient treatment and recovery services program.

Chicago, Ill. and New York, N.Y.

Youth chemical assessments now offered at Chicago and New York

Hazelden's Chicago and New York outpatient sites have recently begun offering chemical use assessments for adolescents ages 14 to 18. Both Chicago and New York locations have offered assessment and evaluation services for adults 18 and older since they first opened their doors. Frequent requests by customers and referents for assessments for young people—as well as a desire to expand tools and resources for the community—fueled the expansion of services at both sites.

Chemical use assessments last approximately one to two hours and explore chemical use history; medical, psychiatric, legal, and social history; and include a bio-psycho social evaluation based on ASAM criteria. The purpose of the assessments is to provide applicants and family members the opportunity to discuss the impact of alcohol and drug use; determine the presence of an alcohol/drug problem; and provide treatment and intervention options.

Minneapolis, Minn.

Meet Bill W. and Dr. Bob

This fall, the Illusion Theater of Minneapolis presents the award-winning off-Broadway play, *Bill W. and Dr. Bob.*—and a special Hazelden Alumni Night showing is scheduled for Thursday, October 8. The play celebrates the unlikely friendship of New York stockbroker Bill Wilson and Ohio surgeon Dr. Bob Smith—and the miraculous turn of events that led to the founding of Alcoholics Anonymous.

Tickets may be obtained through the Illusion Theater box office, illusiontheater.org. A free dessert reception at 6:30 p.m. will precede the show. (*This performance does not imply affiliation with or approval or endorsement from Alcoholics Anonymous World Services, Inc.*)

A Night to Remember observed Oct. 2

Hazelden's annual A Night to Remember recovery commemoration will be observed this year on Oct. 2 at 8 p.m. CST as part of Hazelden's 60th anniversary celebration at The Depot in Minneapolis.

As in years past, alumni, family, and friends worldwide are invited to join in a collective moment of silence to honor the experience, strength, and hope of recovery from addiction. Please note: Hazelden will not be hosting nationwide A Night to Remember events in 2009.

Newberg, Ore.

Lundholm to headline Ice Cream Social; Larson and Munson highlight reunion

Recovery comedian Mark Lundholm will be featured at Springbrook's annual Ice Cream Social and Barbeque on Friday, July 17, while popular spiritual care providers Gary Larson and Carol Farley Munson will headline the alumni reunion on Saturday, July 18, at the Springbrook campus. Alumni, family, and friends are invited to the Ice Cream Social and Barbeque to enjoy an outdoor evening filled with laughter, great food, and fellowship. Mark Lundholm's uproarious comedy caps the evening.

The Ice Cream Social and Barbeque begins at 6:30 p.m. and is followed by Springbrook's traditional candlelight Twelve Step meeting at 9:00 p.m. The Friday night event is free, but pre-registration is requested.

Saturday's reunion features a morning workshop by Gary Larson, a spiritual director and retreat leader who served as a spiritual care counselor at Springbrook for many years. He has studied the Serenity Prayer for more than 38 years and will explore "between the lines" in his presentation "The Serenity Prayer: What Do the Words Really Mean?" In the afternoon workshop, "The Spiritual Path of Recovery: Finding Light in Dark Places," spiritual care counselor Carol Farley Munson will identify some of the unlikely places to find spiritual wisdom for the journey. A dinner and fellowship will follow the day's workshops.

Cost for Saturday's reunion activities is \$60. To register, please call Stefanie at 503-554-4339 or 866-866-4662, ext. 339 by July 15. Or, you may register online at hazelden.org/events.

Learn more by calling Debbie V. at 503-554-4353.

San Jose, Calif.

"One Destination" recovery event set for Aug. 22

Be part of a first-ever, free, one-day recovery event in San Jose, Calif., Saturday, Aug. 22: "One Destination: A Celebration of the Many Paths of Twelve-Step Recovery."

Brought to you by the Friends of Hazelden in the Bay Area, this day of inspiration and fellowship for alumni, family, and friends features talks by best-selling recovery author Karen Casey; popular educator and workshop leader Father Thomas J. Weston, S.J.; clinician, author and interventionist Jerry Williams; and recovery champion Lou P.

Center City, Minn.

Johnson Institute transfers key programs, products to Hazelden Foundation

The Johnson Institute transferred key programs and products to the Hazelden Foundation Center for Public Advocacy under an agreement reached in March by the boards of both organizations. The transfer ensures a continuation of the Johnson Institute's formative 43-year history of promoting the power and possibility of recovery from alcoholism and dependence on other drugs. It also bolsters Hazelden's mission to improve public awareness about addiction and expand access to treatment and recovery.

The Johnson Institute was founded in 1966 in Minnesota. In the decades since, millions of people have sought help through JI's innovative programming, which emphasizes early intervention, family involvement, and community support.

"The Johnson Institute has pioneered many of the intervention and training tools used across the country today to help people find hope and healing from their problems," said Mark Mishek, Hazelden's president and CEO. "Hazelden is committed to further expanding JI's influence so that more people are educated not just about the problem, but about the solution."

Alumni chapters reach out

Hazelden alumni chapters serve several purposes and take on a variety of forms. Some meet monthly to enjoy fellowship with one another, welcome new alumni, and discuss a topic of the month. Others meet less regularly, while others are reaching out through email and phone communications. Whether gathering monthly or communicating virtually, alumni chapters are helping to reach still-suffering alcoholics and addicts, providing a support network, and hosting recovery-enhancing activities in their communities.

Alumni Chapters

ARIZONA Phoenix: Meets the first Wednesday of each month at 6 p.m. for an hour at 2701 E. Camelback, Suite 140, followed by a casual dinner at 7 p.m. for those who can attend. Contact Lloyd F. at 602-301-0029.

BERMUDA Contact Rich S. at 441-735-6800.

CALIFORNIA Los Angeles: Meets the first Sunday of the month at 5:00 p.m. at Johnnies New York Pizzeria in Santa Monica. Contact Philip E. at 626-616-5727 or Dave R. at 310-305-1999.

SAN FRANCISCO: Meets second Wednesday of the month at 6:30 p.m. For location, contact Craig H. at 415-217-9196.

CANADA Toronto: Contact Andrew W. at 647-400-2759 or Herb W. at 416-726-2481.

WASHINGTON, D.C. Meets the first Wednesday of the month at 6:30 p.m. at The Pines of Rome, 4709 Hampden Lane, Bethesda, Md. Contact Callie W. at 202-462-1821.

ICELAND: (This is not an alumni chapter. This is an AA meeting several Hazelden alumni attend). Meets every Thursday at 17.30 hours. Safnadarheimili Domkirkjunnar, Laekjargoetu 14a, Reykjavik.

ILLINOIS Chicago: Meets second Friday of the month at 5:30 p.m. at Hazelden. Contact Grant A. at 773-406-0254.

MEXICO Mexico City: Meets the last Monday of every month at 7:00 p.m. at Umbral, Bosques de Duraznos, 67 1er piso. Contact Alex T. 55-2624-3533

MICHIGAN Detroit: Contact John J. at 248-790-9480.

NEBRASKA Omaha: Next Quarterly meeting July 19 at 6:30 p.m. at Vivace in the Old Market. Contact Glenn P. at 402-558-4737.

NEW YORK New York: Contact Paul R. at 845-238-1899. 12 Step, peer-led format, second Thursday of each month at Hazelden New York at noon. Quarterly Lunch & Learn includes discussion with visiting staff.

OHIO Cleveland: Contact Stan S. at 216-346-1251.

OREGON Newberg: Meets the third Friday of the month at 6 p.m. for chapter meeting followed by "Alumni Supper" at 7 p.m. and speaker meeting at 8 p.m. at Hazelden's Springbrook campus, 1901 Esther St. Contact Lori A. at 503-539-2859

WASHINGTON Seattle: Contact Marcus C. at 206-910-6355.

For more information on chapters, call 888-257-7800, ext. 4105.

FOR ME, IT'S THE ONLY SOLUTION

I've been sober almost two years. Do I still have challenges? Yes. Do I still want to run the show sometimes? Yes . . . I was so good at that before. But God did for me what I couldn't do for myself. He gave me sobriety, friends, my health, even my driver's license back!

I still go to meetings several times a week, do service work, and sponsor others. For me, it is the only solution that promises a happy, joyous, and free life. It worked for me, and it will work for you, too, if you do the deal.

—Julie T.

HAZELDEN KEEPS CHEERING ME ON

Every time I give myself the gift of time at Hazelden's Renewal Center, I am amazed by how much I learn about my disease, my recovery, and myself. I feel rejuvenated and ready to live—peacefully, joyfully.

I look to Hazelden to guide and support and cheer me on as I continue to "carry the message," take care of myself in my codependency, and seek to "live to good purpose under all conditions."

—Pattie B.

PO BOX 11 welcomes letters. To share a story, testimonial, or to offer an opinion, please send your letters to Lisa Reynolds, Hazelden, RC 1, P.O. Box 11, Center City, MN 55012-0011 or to lreynolds@hazelden.org.

alumni events *calendar*

Visit hazelden.org/alumni for events update or call 888-257-7800, ext. 4588

July

MINNESOTA	12	Center City	Second Sunday, Elene Loecher
	16-19	Center City	Dia Linn Unit Reunion*
	20	Oak Grove	Recovery Cup Golf Tournament
OREGON	17	Newberg	Ice Cream Social and Barbecue
	18	Newberg	Springbrook Alumni Reunion

August

MINNESOTA	9	Center City	Second Sunday, Mary Hayes-Grieco
	14	Plymouth	HCFYF Reunion
	20-23	Center City	Cronin Unit Reunion*
	28-30	Grand Rapids	Northwoods Retreat
OREGON	21	Newberg	Third Friday Supper Club
ILLINOIS	22	Chicago	Lincoln Park Picnic
CALIFORNIA	22	San Jose	"One Destination" Recovery Event

September

MINNESOTA	10-13	Center City	Promises Unit Reunion*
	13	Center City	Second Sunday, Saul Selby
	17-20	Center City	Jellinek Extended Care Unit Reunion (for men and women alums)*
OREGON	11-13	Newport	Coastal Spritual Retreat
CANADA	26	Toronto	Alumni Workshop, Fred Holmquist

October

MINNESOTA	2	Minneapolis	Hazelden's 60th Anniversary Celebration
	2	Night to Remember	observed (8:00 p.m. CDT)
	8	Minneapolis	Alumni Night at "Dr. Bob and Bill W." play
	10	Center City	IOP Reunion
	11	Center City	Second Sunday, Al Bradley
	15-18	Center City	Silkworth Unit Reunion*

November

MINNESOTA	9	Center City	Second Sunday, Cecelia Jayme
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*Come early and attend a special-topic retreat at the Renewal Center before your reunion. Call 800-262-4882.



Chicago and New York area alumni and friends enjoyed an unforgettable evening of laughter, fun, and fellowship—courtesy of comedian Mark Lundholm. Mark's special brand of recovery humor took center stage at alumni gatherings in New York on April 2 and Chicago on April 4. Pictured here, Mark, (third from the right) shares a laugh with Chicago friends Karen S., J.P., Rik M., Grant A., and Adam L.

2009 Women Healing Conferences

Oct. 9-10, 2009	Seattle/Bellevue
Oct. 30-31, 2009	White Plains, N.Y.
Dec. 4-5, 2009	Chicago

To register or for more information, call 888-257-7800, ext. 4366 or visit hazelden.org/womenhealing.

WEEKLY AND MONTHLY FELLOWSHIP

MINNESOTA	Monday	Minneapolis	AA meeting, 800 Nicollet Mall, Suite 700, Noon
	Wednesday	Center City	Open AA meetings, Dan Anderson Renewal Center, 8 p.m.
	Third Thursday	Center City	Medallion Night, Bigelow Auditorium, 7 p.m. (Call 651-213-4786 to schedule medallion presentation.)
	Last Saturday	Plymouth	Alumni Night with guest speaker of the month, Center for Youth and Families, 7:30 p.m.
	Friday	St. Paul	Open AA speaker meeting, Fellowship Club, 7 p.m.

ILLINOIS

Monday	Chicago	Open Al-Anon meeting, 6 p.m. and Overeaters Anonymous, 6 p.m.
Tuesday	Chicago	Families Anonymous, 6 p.m.
Wednesday	Chicago	Women's Fellowship, 7 p.m.
Wed.-Sunday	Chicago	AA meetings
Friday	Chicago	Alumni Speaker meeting, 7 p.m.
Saturday	Chicago	Teen AA meeting, 8:30-10:30 p.m.

NEW YORK

Thursday	New York	2nd Thursday of each month, alumni meeting noon on site.
Friday	New York	Open AA meeting, McBurney YMCA, 7 p.m.

OREGON

Monday	Newberg	Twelve Step meetings, including AA, Al-Anon, Sex Addicts Anonymous, and Sex Addicts-Anon, all at 7:30 p.m.
Wednesday	Newberg	AA meeting for women, 7:15 p.m.
Thursday	Newberg	Narcotics Anonymous, 7:15 p.m.

2009 alumni reunions continue through October

Annual unit reunions in Center City provide a powerful opportunity to connect with treatment and unit staff, as well as current patients, and to share fellowship and gratitude. Each unit reunion has developed special traditions over the years; inspiration, mutual support, relaxation, and laughter play an important part in all reunion experiences at Hazelden. Come for all or for just part of the reunion.

Remaining reunion dates for 2009 are:

Dia Linn	July 16 to 19
Cronin	August 20 to 23
Promises	September 10 to 13
Jellinek	September 17 to 20
Silkworth	October 15 to 18

Celebrate your recovery alma mater with Hazelden apparel

Treatment unit name sweatshirts and t-shirts from Hazelden let you show your recovery spirit—with relaxed style and comfort.

SWEATSHIRTS

Classic-fit cotton-poly blend sweatshirts feature your Hazelden unit name embroidered on front. Designed for comfort and lasting wear, our sweatshirts have a zippered front, pockets, drawstring hood, and ribbed cuffs.

T-SHIRTS

Unit name t-shirts help keep you connected with your Hazelden recovery sisters and brothers. Our colorful, exclusive line of t-shirts feature your unit name embroidered on the front.



For colors, sizes, and prices, please visit hazelden.org/alumniapparel.

the author of the new book *Moments of Clarity: Voices from the Front Lines of Addiction and Recovery* and *Symptoms of Withdrawal: A Memoir of Snapshots and Redemption*.

A scene from the award-winning off-Broadway hit play, *Bill W. and Dr. Bob*, presented by the Illusion Theater, will cap the evening.

Tickets for Hazelden's 60th anniversary event are \$35. Registration is available by phone, 888-257-7800, ext. 4366 or 4204, online at hazelden.org/60thevent, or via email to pbroat@hazelden.org

PO BOX 11

alumni news & views

JUNE 2009

PO BOX 11 informs readers of news, events, and people that can help build recovery.

The mission of Alumni Relations is "to enhance recovery in the lives of our alumni and their families by providing opportunities for education, fellowship, and service."

The personal stories of recovery included in this newsletter are published with the written consent of those individuals.

If your address needs to be updated or removed from the mailing list, please call 800-257-7800 or email mailinglist@hazelden.org.

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888-257-7800, ext. 4366

hazelden.org/alumni

Alumni referral line: 877-429-5082

Are you or a loved one in need of Hazelden treatment services? If so, please call our toll-free number: **877-429-5082**. This designated line is a service for alumni and provides quick and easy access to our admissions process 24 hours a day.

hazelden.org

800-257-7800

We invite you to call us with questions.

We are available 24 hours a day.

Hazelden, a national nonprofit organization founded in 1949, helps people reclaim their lives from the disease of addiction. Built on decades of knowledge and experience, Hazelden offers a comprehensive approach to addiction that addresses the full range of patient, family, and professional needs, including treatment and continuing care for youth and adults, research, higher learning, public education and advocacy, and publishing.



Hazelden locations
CENTER CITY, MINNESOTA
CHICAGO, ILLINOIS
NEW YORK, NEW YORK
NEWBERG, OREGON
PLYMOUTH, MINNESOTA
ST. PAUL, MINNESOTA

